

# Bringing Harmony into HEALTHCARE

Sophie's Place at C.S. Mott Children's Hospital is a dedicated music therapy space for pediatric patients – helping to address the physical, emotional, and psychological needs of patients and their families. Sophie's Place tailors its music therapy initiatives to meet the distinct and unique needs of young patients, including the challenges of managing pain, chronic illness, and serious injury. The program integrates specialized interventions, such as customized instruments designed for pediatric use, as well as one-on-one and group therapy sessions. The state-of-the-art recording studio becomes not only a place for musical exploration but also a creative outlet for young minds facing the complexities of illness. Virtual programming, specifically geared towards pediatric patients, enhances socialization and connection, especially for those confined to their rooms. This innovative approach underscores the program's commitment to holistic support for children and adolescents navigating the intricate landscape of treatment.

Fishbeck, in partnership with TSA Architects, designed a space just for this special program. Sound attenuation played a key role in the design of this music therapy space. It involved the deliberate reduction or modification of sound levels to cultivate an environment conducive to therapeutic engagement. The project's priority was to control the acoustical characteristics of partitions, doors, interior environments, and HVAC equipment. This approach aimed to minimize external noise and prevent sound transmission into the adjacent radiology waiting room. Oncology patients are particularly susceptible to secondary infections – to help care for this vulnerable population, Fishbeck specified polymer films on all HVAC sound attenuators to help prevent the shedding, erosion, and impregnation of the filter media helping to reduce infection transmission.

Sophie's Place offers a dedicated platform for both celebrity and community musical performances within the hospital premises. The performance space is equipped with cameras and theatrical lighting, complemented by a specially designed acoustical backdrop to create an ideal auditory environment. The capability for live-streaming these performances through the hospital's closed-circuit TV network ensures that all patients, including those confined to their rooms, can enjoy and be uplifted by the transformative power of music.

Careful consideration of the built environment enables Sophie's place to be a leader in innovation and care, offering a comprehensive and compassionate approach to therapy. Sophie's Place provides a space for musical healing and customized resources catering to the specific needs of young patients, extending beyond the conventional boundaries of music therapy. The commitment to enhancing the overall well-being of pediatric patients and their families is evident in every note played, creating a harmonious symphony of support and healing within the realm of care. This project exemplifies the care and understanding that Fishbeck strives to bring to each and every healthcare project we complete.



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